



## Lehigh Sports Association COVID-19 Guidelines and Best Practices

As our baseball and softball programs return to the field of play in the coming Spring season, it is recommended that our organization adheres to guidelines provided by the Centers for Disease Control and Prevention (CDC) and other government entities.

While our community at large has made great strides in moving beyond the COVID-19 pandemic, cases do continue to materialize and, therefore, a league-wide policy remains in effect. All Lehigh Sports Association and Lehigh Little League ("LSA") families must agree to adhere to the following procedures and sign a waiver before returning to play. As the COVID-19 situation is dynamic and in the interest of safety for all, these guidelines are subject to change, particularly as new information becomes available from the CDC and/or as new directives from the PA or local government are issued.

1. All players, coaches, volunteers, and fans ("attendees") feeling unwell should measure his/her body temperature to ensure there is no fever present before participating in a baseball or softball activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19, should not attend any LSA activities.
2. All players, coaches, volunteers, and managers ("participant") should bring his/her own personal drinks. Sharing of drinks is strictly prohibited and all personal water/drink bottles must be clearly labeled.
3. Coaches and managers should be mindful of their spacing in the dugout area during games when in close contact with a player or talking among themselves.
4. Hand sanitizer will be available in every dugout on each field and regular use for all participants is encouraged. Each participant is also encouraged to bring his/her own personal hand sanitizer and keep in his/her bag.
5. If sharing of personal baseball equipment including gloves, helmets, bats, catcher's gear, etc. is necessary for any reason, the equipment should be sanitized between uses. League-issued catcher's gear may be used by multiple participants **ONLY** after proper sanitization. The gear should be wiped down thoroughly between use. Wipes have been provided to ALL managers.
6. Minors division managers must wipe down the umpire gear after each use.
7. At no time should there be more than five individuals in ANY press box at the same time. No one under the age of 16 is permitted in any press box without an adult. There will be no exceptions. Failure to adhere to this rule may result in the suspension of the associated player or players.
8. Should any individual who has participated in a LSA event be subsequently diagnosed with COVID-19, he/she must contact the league president immediately to determine the isolation requirements and return-to-play date. The current CDC guidelines will be applied.